

Holiday Punch

Makes: 12 Servings

Cranberry juice concentrate can be served as a beverage chilled on its own, or combined with other beverages to make a refreshing punch.

Ingredients

4 cups prepared cranberry juice drink (chilled)

12 ounces frozen lemonade or lemon juice concentrate

4 cups cold water

2 cans chilled lemon-line carbonated soda or about 4 cups soda water or seltzer (12 ounces each)

Directions

1. Combine cranberry juice, lemonade concentrate, and water. Refrigerate.
2. Just before serving time, add ice cubes. Carefully pour carbonated soda, soda water or seltzer down sides of bowl or container.

Source: Recipe adapted from Southernfood.about.com.

Nutrition Information

Nutrients	Amount
Calories	130
Total Fat	0 g
Saturated Fat	0 g
Cholesterol	N/A
Sodium	10 mg
Total Carbohydrate	33 g
Dietary Fiber	0 g
Total Sugars	31 g
Added Sugars included	N/A
Protein	0 g
Vitamin D	N/A
Calcium	N/A
Iron	N/A
Potassium	N/A

N/A - data is not available